

Stir Up Sunday

*Stir up, we beseech thee, O Lord, the wills of thy faithful people;
that they, plenteously bringing forth the fruit of good works,
may of thee be plenteously rewarded;
through Jesus Christ our Lord. Amen.*

Traditionally the last Sunday before Advent is known as Stir Up Sunday because of the words of the post communion prayer. In Victorian times the household would gather to make the Christmas puddings, with everyone stirring the mixture.

Here at St. Edward's we usually gather after the service to make mincemeat. Everyone brings ingredients and their own jars and we take it home afterwards. The recipe we use is fairly random - there's vegetable suet, sugar, mixed fruit, candied peel, orange juice and zest and LOTS of brandy but the exact proportions vary depending on what people bring!

Hopefully we'll all be together next year to make it again.

